

Sunshine Circle Virtual Training
Presented by Theraplay Canada
Trainers: Lorie Walton, M.Ed, RP and Kay Schieffer, M.Ed

Two 5 hour zoom classes – Wed August 11 and Wed Aug 18, 2021 + independent platform webinar time.

Training will include 6 hours of independent webinar learning and two 5 hour live zoom classes.

Access to independent platform for webinar begins August 4. Live Zoom sessions will take place – Wednesday August 11 from 12:00 – 5:00 pm EST and Wednesday August 18, from 12:00 – 5:00 pm EST. Once course requirements have been met a certificate of completion for 16 hours would be provided.

Sunshine Circles® are adult-directed, structured play therapy-based groups that incorporates playful, cooperative, and nurturing activities that enhance the emotional well-being of children based on Theraplay® principals. Unlike other play therapy-based group approaches, the Theraplay and Sunshine Circles experience takes place within a ‘here and now’ focus. Instead of talking about positive social behavior, the group leaders and children DO positive social interaction. Gradually, positive messages from the groups become a part of the child’s internal sense of self. This training is for professionals who want to engage their students through positive interactions which support self-regulation skills, build self-esteem and develop resiliency within the classroom – either virtually or face to face.

The SC platform is very flexible, and can be used by teachers in classrooms, by special educators or counselors in small groups, by early childhood educators, daycare providers and preschool teachers, thus making it possible to serve a wide array of children with a single type of intervention. In contrast to many interventions requiring large investments and licensed/registered mental health clinicians, SC requires very few materials and can be implemented with a variety of service providers across a variety of fields such as early childhood education, early intervention, special education, and universal prevention programs.

Sunshine Circles and Brain Development • Underpinned by theoretical foundations of Theraplay: neuro-sequential development; development of attachment and affect. • Sunshine Circles playgroups create experiences that are the mechanism of brain development. These experiences result in improved self-regulation and learning.

Mindfulness and trauma informed classroom strategies and **virtual activities** will also be included into this training.

Children generally embrace the three rules of Sunshine Circles... **No Hurts, Stick Together and Have Fun!**... and carry them with them throughout the day. Sunshine Circles can very quickly and dramatically improve the quality of the classroom and provide teachers with resources to maintain an emotionally positive and cognitively enriched environment.

Adding Sunshine Circles to your classroom will

- Create an atmosphere that is warm, nurturing, engaging and challenging
- Meet the basic needs of children so they can be freed emotionally to explore their world
- Promote warm relationships between children and adults and friendships among peers
- Engage hard-to-reach children and place emphasis on cooperation between children
- Bring fun and exuberance into the lives of children
- **YouTube of Sunshine Circles** <https://www.youtube.com/watch?v=NupTMfVqQA4>



47 Holland Street West
PO BOX 1698
Bradford Ontario L3Z 2B9
(647) 210- 7595

**Sunshine Circle August 2021
Registration Form**

This training will be held Virtually via Theraplay Canada platforms. The training program is open to participants who have experience working with children and families, but who have not yet completed their professional degree (for example: those with diplomas in Early Childhood Education or in Child and Youth Work) can be admitted into Theraplay® training as well as for Mental Health Professionals such as Social Workers, Psychologists and Certified Therapists who may want to administer groups.

Purchase of Sunshine Circles Manual is mandatory for this training and is the responsibility of registrant. Registrant is responsible for purchase of SC Manual in addition to cost of workshop. Theraplay Canada is working with The Theraplay Institute in making arrangements for the manual to be accessible to participants prior to start of workshop. (More details to follow).

Please email this Form with Payment to:

Theraplay Canada at admin@theraplaycanada.ca

You may e-transfer payment or call Samantha at (647) 210-7595 to pay by credit card

Name: _____
Degrees or Diplomas: _____
Job Title: _____
School or Place of work: _____
Work Address: _____
Work Phone: _____
Home Address: _____
City: _____
Postal Code: _____
Phone #: _____
Email: _____

Have you taken Intro to Theraplay workshop? NO YES Where? _____ When? _____
If you have already completed Intro to Theraplay 4-day workshop – please call Samantha at admin for further discount.

***Refunds less \$100.00 administration fee for cancellation up to August 1, 2021*
Refunds will NOT be provided after August 1, 2021**

- Early Registration before July 11, 2021 = \$450.00
- Registration from July 12, 2021 = \$550.00

****Certificates of Attendance will be provided once workshop completion requirements are met ****